

# Young People and Mental Health

Please take our quiz

How many children and young people aged 5-16 years suffer from a diagnosable mental health disorder?

**A. 1 in 10**

B. 3 in 10

C. 7 in 10

How many children under 10 years old suffer from severe depression?

A. Over 2,000

**B. Over 8,000**

C. Over 18,000

What percentage of adult  
mental health problems starts by  
the age of 18?

A. 35%

B. 50%

**C. 75%**

There has been a increase in the number of young people being admitted to hospital because of self harm. Over the last ten years this figure has increased by?

A. 37%

B. 42%

**C. 68%**

Since 2010 A&E visits by children and young people with mental health illness have almost doubled and the NHS have cut the children's mental health budget by ?

A. £10 Million

B. £35 Million

**C. £50 Million**

Some Looked After Children have behavioural or emotional problems. What percentage of looked after children do you think this applies to?

A. 39%

B. 64%

**C. 72%**

‘More than half of all adults with mental health problems were diagnosed in childhood.

Less than half were treated appropriately at the time’

**Young Minds**

‘There are serious and deeply ingrained problems with the commissioning and provision of Children’s and adolescents’ mental health services. These run through the whole system from prevention and early intervention through to inpatient services for the most vulnerable young people.’

House of Commons

Health Committee

Children's and adolescents' mental health and CAMHS

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